

Life & Leadership Weekly Planner

Week of: _____

Theme: _____

ALIGN & FOCUS

Three Guiding Principles

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Top 3 Professional Priorities

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Strategic Connection

2 Connections this week

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Three Self Care Commitments

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Key Project Tracking

Project	Next Action	Deadline	Support Needed

Life & Leadership Weekly Planner

Day	Top Priority	Meeting / Events	3 Tango Practice	End of Day Reflection
Mon				
Tues				
Wed				
Thur				
Fri				
Sat				
Sun				

WEEKLY REFLECTION

Three Wins: _____

Challenge Transformed: _____

Emotion Management Practice: _____

Forward Momentum Adjustment: _____

True leadership excellence emerges at the intersection of mindful priorities, courageous choices, and wholehearted presence. When we prioritize with wisdom, we transform not just our calendar, but our impact.