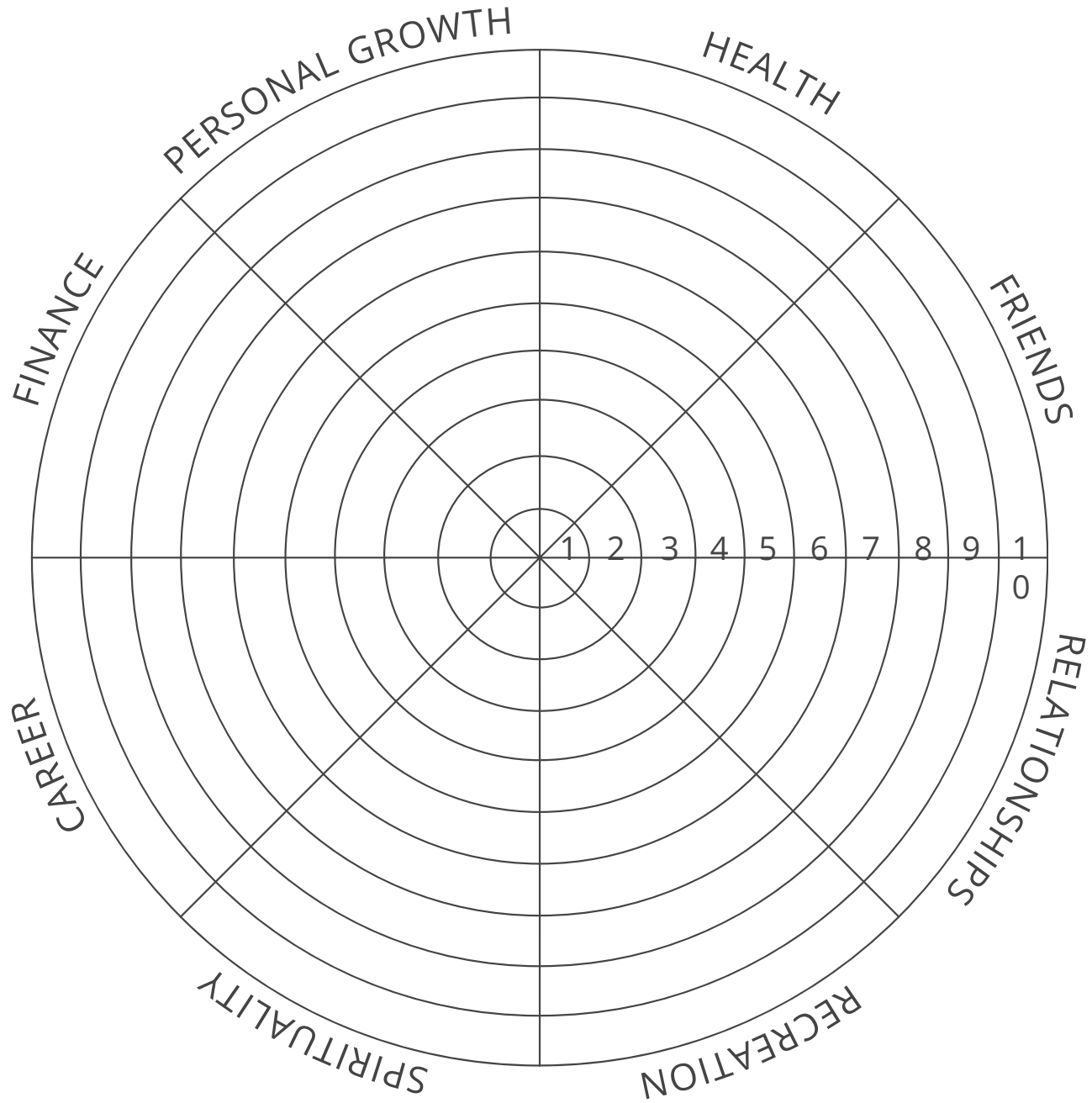




Wheel of Life

This comprehensive assessment helps you visualize and evaluate eight essential dimensions of your life, identifying areas calling for attention and intention while creating a roadmap for greater harmony and fulfillment.





Wheel of Life

Observations About My Life Wheel Shape:

The Most Imbalanced Areas:

1.

2.

The Areas With Greatest Impact If Improved:

1.

2.

My 30-Day Focus Dimension:

Specific Actions For This Dimension:

How This Will Affect Other Dimensions:

Remember: Perfect balance isn't always the goal. Temporary imbalance often occurs during major life transitions or when pursuing specific goals. The aim is intentional awareness and conscious choice about where you direct your energy.